Review Article

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Title *(maximum of 250 characters)*

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**Abstract:** A single paragraph of about 200 words maximum. For research articles, abstracts should give a pertinent overview of the work. We strongly encourage authors to use the following style of structured abstracts, but without headings: (1) Background: Place the question addressed in a broad context and highlight the purpose of the study; (2) Methods: briefly describe the main methods or treatments applied; (3) Results: summarize the article’s main findings; (4) Conclusions: indicate the main conclusions or interpretations. The abstract should be an objective representation of the article and it must not contain results that are not presented and substantiated in the main text and should not exaggerate the main conclusions.

**Keywords:** keyword 1; keyword 2; keyword 3 (List three to ten pertinent keywords specific to the article yet reasonably common within the subject discipline.)

0. How to Use This Template

The template details the sections that can be used in a manuscript. Sections that are not mandatory are listed as such. In preparation of a manuscript, formatting guidelines are also available in the **Author Guidelines**. Remove this paragraph and start section numbering with 1. For any questions, please contact the editorial office of the journal or phsujournal@psm.edu.

1. Introduction

The introduction should briefly place the study in a broad context and highlight why it is important *(800-1500 words)*. It should define the purpose of the work and its significance. The current state of the research field should be carefully reviewed, and key publications cited. Please highlight controversial and diverging hypotheses when necessary. Finally, briefly mention the main aim of the work and highlight the principal conclusions. As far as possible, please keep the introduction comprehensible to scientists outside your particular field of research. References should be numbered in order of appearance and indicated by a numeral or numerals in square brackets—e.g., [1] or [2,3], or [4–6]. See the end of the document for further details on references.

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The Materials and Methods should be described with sufficient details to allow others to replicate and build on the published results *(5000-10000 words)*. Please note that the publication of your manuscript implicates that you must make all materials, data, computer code, and protocols associated with the publication available to readers. Please disclose at the submission stage any restrictions on the availability of materials or information. New methods and protocols should be described in detail while well-established methods can be briefly described and appropriately cited.

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3. Results

This section may be divided by subheadings *(800-1500 words)*. It should provide a concise and precise description of the experimental results, their interpretation, as well as the experimental conclusions that can be drawn.

3.1. Subsection

3.1.1. Subsubsection

Bulleted lists look like this:

* First bullet;
* Second bullet;
* Third bullet.

Numbered lists can be added as follows:

1. First item;
2. Second item;
3. Third item.

The text continues here.

3.2. Figures, Tables and Schemes

All figures and tables should be cited in the main text as Figure 1, Table 1, etc *(maximum of 8)*.

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**Figure 1.** This is a figure. Schemes follow the same formatting.

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1 Tables may have a footer.

The text continues here (Figure 2 and Table 2).

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| --- | --- |
| Bar chart outline | Scatterplot outline |
| (**a**) | (**b**) |

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**Table 2.** This is a table. Tables should be placed in the main text near to the first time they are cited.

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| --- | --- | --- | --- |
| Title 1 | Title 2 | Title 3 | Title 4 |
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| entry 2 | data | data | data |
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**Theorem 1.** Example text of a theorem. Theorems, propositions, lemmas, etc. should be numbered sequentially (i.e., Proposition 2 follows Theorem 1). Examples or Remarks use the same formatting, but should be numbered separately, so a document may contain Theorem 1, Remark 1 and Example 1.

The text continues here. Proofs must be formatted as follows:

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4. Discussion

Authors should discuss the results and how they can be interpreted from the perspective of previous studies and of the working hypotheses *(500-1000 words)*. The findings and their implications should be discussed in the broadest context possible. Future research directions may also be highlighted.

5. Conclusions

This section is not mandatory but can be added to the manuscript if the discussion is unusually long or complex *(100-200 words)*.

6. Patents

This section is not mandatory but may be added if there are patents resulting from the work reported in this manuscript.

**Supplementary Materials: M**ay include additional figures, tables, datasets, or multimedia files that support the findings of the manuscript but are not essential to the main text. These will be published online alongside the article.

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The appendix is an optional section that can contain details and data supplemental to the main text—for example, explanations of experimental details that would disrupt the flow of the main text but nonetheless remain crucial to understanding and reproducing the research shown; figures of replicates for experiments of which representative data is shown in the main text can be added here if brief, or as Supplementary data. Mathematical proofs of results not central to the paper can be added as an appendix.

**Appendix B**

All appendix sections must be cited in the main text. In the appendices, Figures, Tables, etc. should be labeled starting with “A”—e.g., Figure A1, Figure A2, etc.

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References must be numbered in order of appearance in the text (including citations in tables and legends) and listed individually at the end of the manuscript. We recommend preparing the references with a bibliography software package, such as EndNote, ReferenceManager or Zotero to avoid typing mistakes and duplicated references. Include the digital object identifier (DOI) for all references where available.

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